

CVPH MAYOR'S CUP MOUNTAIN TO LAKE BIKE RIDE

JULY 12th, 2009 8:30 AM

NAME: _____

Parent/Guardian: _____

ADDRESS: _____ CITY: _____ ZIP: _____

TELEPHONE: _____ SEX: _____ AGE: _____

REGISTRATION \$: _____

BBQ: YES _____ NO _____

T-SHIRT (circle one): small medium large x-large

AMATEUR ATHLETE WAIVER AND RELEASE OF LIABILITY

I know that bike riding is a potentially hazardous activity and that I should not enter to ride unless I am medically able and properly trained. I agree to abide by any decision of a ride official relative to my ability to safely participate in the ride. I assume all risks associated with riding in this event, including but not limited to: falls, contact with other participants, the effects of the weather including high heat and/or humidity, traffic, and the conditions of the road and course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of being permitted to participate in the CVPH Mayor's Cup Mountain to Lake bike ride, I for myself and for anyone entitled to act on my behalf do here by waive and release the City of Plattsburgh, CVPH, Media Central, Pepsi-Cola, the employees, volunteers, and other participants associated with this event, from all claims, damages and liabilities of any kind that may arise out of the participating in the event, even though that liability may arise out of my participating in the event, even though that liability may arise out of negligence or carelessness on the part of a person(s) named in this waiver and release.

I/We have read the above waiver and release of liability. I/We understand that I/We give up substantial rights by signing it and do sign it voluntarily.

Athlete's Signature and Date

Parent/Guardian Signature and Date