

# We're Looking for Participants for a Uterine Cancer Clinical Research Study

Help us Learn More About Early Detection and Treatment of Uterine Cancer

Are you a female and overweight? Being overweight or obese can increase your risk of Uterine Cancer. By participating in this research study, you'll be evaluated and tested for Uterine Cancer. Throughout this study, you'll learn more about risks of Uterine Cancer, how to reduce those risks and early treatment options if you're diagnosed with Uterine Cancer.

## You're eligible to join the study if you:

- Have a body mass index of 25 or higher (clinically overweight or obese)
- Are a CVPH employee OR an CVPH gynecology patient OR considering bariatric surgery
- Complete a full medical history, a detailed menstrual and/or post-menopausal bleeding history, and endometrial biopsy
- Have a negative pregnancy test, if of childbearing age
- Are at least 18 years of age
- Have signed a written Informed consent document
- Are willing and able to comply with the study requirements

## You're not eligible to join the study if you:

- Have a BMI below 25 (are of normal weight or thin)
- Have a prior hysterectomy
- Are pregnant or have a positive pregnancy test
- Have untreated vaginal, cervical, or pelvic infection
- Were recently treated for an STD

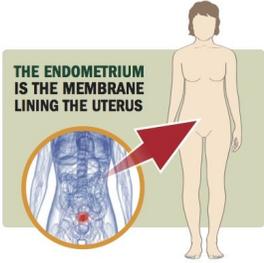
*This study is being conducted by:  
Manal El Daouk, MD, OB/GYN, FACOG, and Ashley C. Bernotas, MD,  
doctors at the CVPH Family Medicine Center.*

If you're interested in participating, please contact the Family Medicine Center at (518) 314-3939 or email Dr. Manal El Daouk at [MELDaoukMD@cvph.org](mailto:MELDaoukMD@cvph.org) or Dr. Ashley Bernotas at [ABernotas@cvph.org](mailto:ABernotas@cvph.org).

- There is no cost for the endometrial biopsy or pregnancy test
- If you do test positive and need additional procedures, your insurance will be billed for these procedures
- Results are submitted to the American Institute for Cancer Research
- This clinical research is part of a nationwide effort to determine if uterine screenings should be an annual screening like mammograms or pap smears.
- By participating in this study, you're part of the effort to create guidelines around which type of women should receive regular Uterine Cancer screenings

**PREVENTING ENDOMETRIAL CANCER** 

APPROXIMATELY **61,380** CASES OF ENDOMETRIAL CANCER ARE DIAGNOSED EACH YEAR IN THE UNITED STATES.



It is **the most common cancer of the female reproductive organs.**  
More cases of endometrial cancer occur each year than **ovarian cancer and cervical cancer combined.**



**EXCESS BODY WEIGHT INCREASES RISK**

**BEING ACTIVE DECREASES RISK**



The American Institute for Cancer Research estimates that

**59%**

of U.S. endometrial cancer cases, or about

**3 in 5**



**could be prevented by being at a healthy weight and being physically active.**

That's **36,210** cases each year that never have to happen.

**Yet TODAY...**



**Roughly 6 out of every 10 American women are overweight or obese.**



**More than half of American women do not get enough activity to protect themselves.**

1. Cancer Facts & Figures 2017. Atlanta: American Cancer Society; 2017. 2. AICR/WCRF Continuous Update Project Endometrial Cancer 2013 Summary 3. Prevalence of Obesity in the United States, CDC 4. Division of Nutrition, Physical Activity and Obesity, National Center for Chronic Disease Prevention and Health Promotion  Continuous Update Project  
The evidence is the latest from the AICR/WCRF Continuous Update Project (CUP) which systematically updates and reviews the research conducted worldwide into cancer risk related to diet, physical activity and body weight. All the evidence gathered is then assessed by a panel of independent scientists who make recommendations for cancer prevention.