

# New York State Approval Status Change

## Insulin, Free and Total, Serum

### Mayo Clinic Laboratories

Effective immediately CVPH will not be able to send out the test **Insulin, Free and Total, Serum (INSFT)** to Mayo Clinic Laboratories. It is no longer a New York State approved test through their facility.

Orders will now need to be preformed at ARUP Laboratories. This may cause longer turn around times than providers may be used to.

Please order a Miscellaneous Test, Non Mayo and indicate the test name **Insulin, Free and Total** (0070155, INS F&T).

Some changes to be aware of:

Specimen Volume changed from 2.45 mL to 2 mL

Minimum Volume changed from 0.75 mL to 1.1 mL

Stability change from Ambient 24 hours to Ambient 8 hours, Refrigerated 14 days to Refrigerated 7 days, and Frozen 180 days to Frozen 30 days

Preferred Stability changed from Refrigerated to Frozen

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