

FitzPatrick Cancer Center

Support Groups and Programs

Our support groups and programs are designed to connect individuals with people who have walked down a similar path. Sharing your experience with others will not only help you but it can help other people, as well. Support, encouragement, information and close bonds are just a few advantages of attending a program.

HOW TO REGISTER FOR OUR SUPPORT GROUPS AND PROGRAMS

If you are attending any of the support group meetings for the first time or have any questions, please call Alex Fleming, our Social Worker at 518-562-7534 or email afleming2@cvph.org

Grief Support Group

A group for anyone who has experienced the loss of a loved one. This is a warm and safe environment to connect and find support from others who are walking a similar path and are continuing the process of learning how to live with their grief. It meets on the **1st Monday of every month at 6 p.m. in the waiting room of the FitzPatrick Cancer Center.**

The Big C Club: A Group for Men with Cancer

A fellowship for men coping with any type or stage of a cancer diagnosis, to include before, during or after treatment. It meets on the **2nd Monday of every month at 6 p.m. in the waiting room of the FitzPatrick Cancer Center.**

The Lymphoma & Leukemia Society's Support Group for People with a Cancer of the Blood

A monthly support group for adult survivors, family members and friends with a blood cancer diagnosis of: Leukemia, Hodgkin and Non-Hodgkin Lymphoma, Myeloma, Waldenstrom's Macroglobulinemia or Myelodysplastic Syndrome. It meets on the **3rd Monday of every month at 6 p.m. at the FitzPatrick Cancer Center.**

Look Good...Feel Better

This program includes lessons on skin and nail care, cosmetics, wigs and turbans, and accessories and styling to help women with cancer reclaim their sense of control, confidence and self-esteem that are central to wellbeing.

In-person groups are offered throughout the year at the FitzPatrick Cancer Center by trained and experienced volunteer cosmetologists. **Registration is required.**

You may also participate virtually by signing up for a class at <https://lookgoodfeelbetter.org/>. If you choose to participate online, you can still receive a free skin care and makeup kit by entering the FitzPatrick Cancer Center Site Code: Fi12901.



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