For Immediate Release

CVPH Wellness & Fitness Center Plans Open House February 20

Tours, demonstrations and discount packages highlight event

Plattsburgh, NY (02/11/2016) – The University of Vermont Health Network – Champlain Valley Physicians Hospital Wellness & Fitness Center will hold an Open House Saturday, February 20 from 9 a.m. until 2 p.m. at its 295 New York Road facility.

The Open House will include tours and information, fitness demonstrations, refreshments and the opportunity to win a one month or a 3 month membership. One hour personal training packages will also be discounted during the event. Those who join on February 20 will have their $109 enrollment fee waived.

Refer a friend and both will receive a free month of membership. In addition, the new member’s enrollment fee will be waived.

The Wellness & Fitness Center offers a state-of-the-art facility, a wide variety of services designed for all fitness levels and a staff of experts dedicated to meeting members unique wellness goals.

The Wellness & Fitness Center is located at 295 New York Road, Plattsburgh. For more information, call the Center at (518) 324-2024 or visit cvphwellfit.com.

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About Champlain Valley Physicians Hospital

The University of Vermont Health Network - Champlain Valley Physicians Hospital is a private, not-for profit hospital and a subsidiary of Community Providers Inc., (CPI). Established in 1967 with the merger of Champlain Valley and Physicians hospitals, CVPH joined Fletcher Allen Partners in 2012, which in 2014, became The University of Vermont Health Network. Together with its partners, the University of Vermont Medical Center, Central Vermont Medical Center and
Elizabethtown Community Hospital, CVPH provides high quality, cost effective care, close to home. Services include an award winning cardiac services program, accredited cancer center, freestanding ambulatory surgery center, comprehensive rehabilitation services and a 24 hour physician-staffed Emergency Care Center. Governed by a 15-member Board of Directors, CVPH is accredited by the Joint Commission and licensed by New York State and Medicare/Medicaid approved. Learn more at UVMHealth.org/CVPH or follow us on Facebook, Twitter, LinkedIn and YouTube.

About the University of Vermont Health Network
The University of Vermont Health Network is a four hospital system serving the residents of Vermont and northern New York:

- The University of Vermont Medical Center (formerly Fletcher Allen Health Care)
- The University of Vermont Health Network – Central Vermont Medical Center
- The University of Vermont Health Network – Champlain Valley Physicians Hospital
- The University of Vermont Health Network – Elizabethtown Community Hospital

With over 4,000 healthcare providers throughout our region, we work together to offer high-quality care more cost-efficiently and as close to home as possible. Strengthened by our academic connection to the University of Vermont, each of our hospitals remains committed to its local community by providing compassionate, personal care shaped by the latest medical advances and delivered by highly skilled experts.